

# United Methodist Herald

February 2025



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#### **February Worship**

February 2, 2025
Celebration of Holy Communion
Nehemiah: What's your no? What's your yes?
Nehemiah 3:1-2, 12; 4:1-3; 6:1-3
Pastor Donna Dempewolf

February 9, 2025
The Call to Discipleship: Reflections on Dietrich Bonhoeffer
Mark 2:13-17
Pastor Donna Dempewolf

February 16, 2025
The Life of Discipleship: Reflections on Dietrich Bonhoeffer
Matthew 5:13-16
Pastor Donna Dempewolf

February 23, 2025 *Protocol* Micah 6:6-8, Mark 3:1-6 Guest Preacher, Dana Houck



# Message from the Pastor

#### **Dietrich Bonhoeffer**

Some call him a martyr. Others, a spy and assassin. But before his arrest and execution by the Nazis in 1945, Dietrich Bonhoeffer was a pastor and theologian. He wrote several books, mostly notably, *The Cost of Discipleship* and *Life Together*.

Drawn to theology at a young age, Bonhoeffer completed his doctorate at age 21. A few years later he moved to New York for a year -long fellowship at Union Theological Seminary. During this time, he attended Abyssinian Baptist Church in Harlem and developed an interested in racial and social injustice. It was there that he began to see Jesus as being with and among marginalized people.

After returning to Germany, Bonhoeffer become a lecturer in systematic theology and was appointed as a young adult representative to the forerunner to the World Council of Churches. In 1931, at the age of 25, he was ordained as a pastor.

His promising academic career took a turn with the Nazis' assent to power. Bonhoeffer soon emerged as a leader in the Confessing Church, a resistance movement that opposed Hitler's efforts to create a single, pro-Nazi German Church. In 1934, alongside over 100 pastors, theologians, and lay leaders, he signed the *Barmen Declaration*. This document opposed Christian nationalism and asserted that the church was not an agent of the state. Over time, most members of the Confessing Church were either silenced or sent to concentration camps.

Bonhoeffer's role in the Confession Church is often overshadowed by his alleged involvement in a failed assignation attempt of Adolf Hitler. For different reasons, this aspect of his life has caused both evangelical and progressive Christians to question if his theology might have advocated morally questionable actions to prevent a greater evil.

In recent years, Bonhoeffer's life and writings seem to have gained renewed interest. People of faith across the theological spectrum are asking, "What insights can we glean from Bonhoeffer about the relationship between personal faith and social responsibility?"

On February 9 and 16, I'll delve deeper into Bonhoeffer's life and writings. His book, *Call to Discipleship*, considered a classic of Christian thought, will guide our exploration. Centered on the Sermon on the Mount, this book lays out what Bonhoeffer believes it means to follow Christ.

During this two-week series, I'll set aside the labels that have been attached to him since his tragic death. While some consider him a martyr, Bonhoeffer himself did not want to be remembered as such. Others have called him a spy and assassin, but those labels are more fiction than historical fact.

I prefer to think of him as a deeply pastoral theologian whose thoughts about grace, faith, and responsibility offer us insights for how we might live out our faith in ways that make a difference in today's world. The *Cost of Discipleship* was written many years before his arrest and execution. If Bonhoeffer could write to us today and speak into our time, what would he tell us about following Christ and living faithfully in a secular world?

Blessings, Donna Coffee with the Pastor - February 11, 2025 1:00-2:30 pm James Gang Coffehouse - 2018 Jefferson Rd.

### Ash Wednesday Service March 5th, 6:30 pm

We will mark the beginning of Lent with our Ash Wednesday service, a time for reflection, renewal, and recommitment. We will pause to remember our shared humanity, and embrace the journey toward transformation.

#### Lenten Services

Sunday, April 13, 9:30 am - PALM/PASSION SUNDAY

Thursday, April 17, 6:30 pm - MAUNDY THURSDAY

Friday, April 18, 6:30 pm - GOOD FRIDAY

Sunday, April 20, 9:30 am - EASTER SUNDAY

#### NUMC WELCOME STATEMENT



We affirm that all people are created in the image of God and, as beloved children of God, all are worthy of God's love and grace, regardless of their sexual orientation, gender identity, family status, race, ethnicity, physical or mental ability, socio-economic status, or age. We unreservedly support and affirm the full inclusion of persons of all sexual orientations and gender identities in all facets of ministry at Northfield UMC, including ordination and marriage. Following Christ's example, we open our hearts, minds, and doors to welcome all who come to us in God's grace.

#### NUMC Breakthrough Prayer



Northfield United Methodist Church Worship. Devotion. Compassion. Justice.

Open our hearts, O God, to your presence already at work in our lives. Break through any barrier in our hearts separating us from you and others. By your Spirit, show us possibilities beyond what we can imagine for ourselves and our church. Make us ready; our hands are yours. Through Jesus Christ our Lord, Amen.

#### Save the Date: Tuesday, March 11, 6:00–9:00 PM Rule of Christ Training

During the first year of a pastoral appointment, the Minnesota Annual Conference encourages churches to participate in Rule of Christ training.

Conflict is something we all encounter—whether it arises from misunderstandings or misinformation. We can all benefit from guidance on how to navigate these challenges.

Wouldn't it be helpful to have a step-by-step, Christian-based tool for addressing difficult issues?

Rule of Christ training equips individuals, families, workplaces, schools, and churches with practical tools for handling conflict and improving relationships.

The three-hour training will take place on Monday, March 11, from 6:00 to 9:00 pm, and will be led by John Mueller Nowell, a trained and experienced leader in this area. All adult and older youth members and friends of the congregation are invited to attend.

We hope to see you there!

#### FINANCE UPDATE

### Enjoy the Convenience of Electronic Giving!

Electronic giving offers convenience for individual congregation members and provides much needed donation consistency for our congregation. Authorization forms are available on our website northfieldumc.org or by emailing northfieldumc@gmail.com.

General Fund December 2024 contributions \$52,059.66 General Fund December 2023 contributions \$39,903.66

#### How to make tithes and offerings

You can make your tithes and offerings other ways as well:

- 1. Donate online using a credit card, by clicking on the GiveMN tab on the church website northfieldumc.org.
- 2. Drop a check in the offering basket during in person worship.
- 3. Mail a check to: Northfield United Methodist Church 1401 S. Maple St., Northfield, MN 55057

General Fund YTD 2024 contributions \$334,017.98 General Fund YTD 2023 contributions \$ 373,253.92

#### 2024 End-of-Year Preliminary Treasurer's Report

Overall, 2024 was a challenging year financially. Thankfully, the church received estate gifts totaling \$176,327.56. The December 2024 Consolidated Statement of Activities showed income of \$731,473.92 and expenses of \$643,654.82 resulting in an income of \$87,819.10. By comparison, income in 2023 was \$660,829.94 while expenses were \$646,713.52 for an income of \$14,116.42.

#### General Fund:

Offering Income in 2024 was \$334,017.98; \$39,235.94 less than received in 2023. The budgeted Offering Income for both 2024 and 2023 was \$400,000. Other Income in 2024 was \$23,402.93; \$23,554.93 less than in 2023. The budgeted Other Income for both 2024 and 2023 was \$17,750. Thus, the Income Total in 2024 was \$357,420.91; \$62,790.87 less than received in 2023.

Combined Offering Income in the months of November and December 2024 was \$85,504.32; \$5,220.00 less than the November and December 2023 amount. Annual Conference Apportionments of \$4,645.58 per month were paid in full. The December 2024 balance in the checking account was \$53,009.08; \$5,213.81 more than December 2023 balance.

#### **Physical Plant:**

Total income for 2024 was \$169,168.03. This included: Support from General Fund for Physical Plant of \$128,249.36; \$7,390 donations to the Building Fund; and a disbursement of \$33,528.67 from the Maintenance Endowment Fund made up of Annual Interest Income of \$21,928.67 and an additional \$11,600.00 to pay for an unexpected fourfold increase in Gap Insurance (wind and hail damage coverage). Total insurance payments were \$28,259.79 versus an annual budget of \$18,500. Subtracting total expenses of \$150,095.66 yielded a reserve of \$19,072.37.

#### **Endowment Funds:**

At the end of December 2024, the sum of all four funds was \$1,077,729.88 which includes \$334,802.54 that we owe ourselves. Thus, the actual amount invested is \$742,577.34. Combining the impact of disbursements, estate gifts, and market conditions, the endowment funds showed an annual growth of \$136,682.10.

An annual disbursement of \$36,602.88 (6% of the April balance in each of the four funds) was taken in May: \$1,587.66 from Sather Missions Fund; \$5,626.30 from Sather Scholarship Fund; \$7,460.25 from Undesignated Fund; and \$21,928.67 from the Building Maintenance Fund. In May an additional \$11,600.00 was withdrawn from the Building Maintenance Fund to cover the unexpected increase in gap insurance coverage. And, an additional \$30,000.00 (\$10,000.00 in August and \$20,000 in October) was withdrawn from the Undesignated Fund to supplement the checking account balance due to less than expected monthly offering income. The sum of all disbursements for the year was \$78,202.88.

The Undesignated Endowment Fund received two estate gifts: \$137,100.20 from the Anne B. Mayer Charitable Fund in August; and \$39,227.36 from the Arlene Worcester Revocable Trust in November.

Annual change in Market Value and Investment Income was \$38,557.42, an overall gain of 7.46%.

#### An update on how to make tithes and offerings:

Congregation members can now donate securities (accrued stock shares) as payment for their tithes and offerings. Email the church office at northfieldumc@gmail.com and request a **Securities Transfer Donor Information Form**.

Other existing ways donate include:

- 1. Electronic giving by using authorization forms which are available on our website northfieldumc.org or by emailing northfieldumc@gmail.com.
- 2. Donate online using a credit card, by clicking on the GiveMN tab on the church website northfieldumc.org.
- 3. Drop a check in the offering basket during in person worship.
- 4. Mail a check to: Northfield United Methodist Church, 1401 S. Maple St., Northfield, MN 55057



Hello Everybody! Kids Creating Community in Christ (KC3) and Children's Church are continuing to meet every week. We are learning about God's love for us, how we can be great servants to our neighbors, praying, reading the Bible, singing and having lots of fun! We have had an awesome group of volunteers to help out so far this year. A special thanks to all of you!

We have had five new students join us in the last month for KC3 so that has been really exciting! If you, or someone you know, is interested in Children's Church or KC3 please contact Gregory Ennis at Gregory.ennis@gmail.com.

Hope to see you at Children's Church and KC3. Peace and blessings to you in Jesus name!

Gregory Ennis - Children's Ministries Coordinator

#### **Sundays:**

#### Children's Church (5th grade and under)

Children's Church meets every Sunday morning during worship that the public schools are in session. Children's Church is geared towards pre-k through elementary age disciples and are dismissed from the Sunday worship service at 10:00 am for a worship service of their own. We worship, read scripture, talk, sing and share in community. For more information contact Gregory Ennis at Gregory.ennis@gmail.com.

#### **Super Wednesdays**

**3:30-5:30 pm - KC3** (Kids Creating Community Through Christ) is our Wednesday afternoon youth program for K-5th grade. We meet every Super Wednesday right after school until 5:30 (ending just in time for community dinner). Transportation from all local schools is available free of charge. To sign up or for more information email Gregory Ennis at Gregory.ennis@gmail.com.

5:30-6:30 pm - Community Meal (ALL are welcome - free will donation)

**6:30-7:30 pm - Youth Group** (6th-12th grade) meet in the Youth room for fellowship, games, and deeper exploration of what it means to follow Jesus. To sign up or for more information, contact Kristen Twitchell at ktwitchell@northfieldumc.org or youth@northfieldumc.org.

### Watch our Family Ministry page for date, time and more info on this year's Community Easter Egg Hunt!

#### **Children's Christmas Pageant**

The annual Children's Christmas Pageant was held on Wednesday, December 18th. Thank you to all who participated and to the volunteers who helped make this a special evening!





"In a time of great division and uncertainty in our national and state politics, it can be tempting to dwell on the barriers in front of us — fear, opposition, injustice. Yet, we are reminded by Paul's words to the Philippians that our faith is a call to move forward, to press on. Not merely for ourselves, but toward a vision of collective flourishing, where every person has the opportunity to thrive. As people of faith committed to social and racial justice, we understand that advancing God's Kingdom on earth requires perseverance, determination, and hope. It means navigating moments of unpredictability, but continuing to do what we do best: organize. Every step we take brings us closer to a more just and inclusive socie-

ty where love, equity, and care for our neighbors prevail.

We are called to build a future where the dignity of every person is respected, where our communities are cared for, and where the barriers to full participation in God's Kingdom are dismantled. (From ISAIAH-MN's "For Such a Time as This — Building the Beloved Community E-News" dated January 14, 2025)

In Minnesota, we believe in building a state where all of our families, no matter our race, zip code or gender, have what they need to thrive. But right now, wealthy corporations aren't paying what they owe, forcing us to make tough choices while those at the top get richer and richer. Join others in ISAIAH on February 18th, 3:30-5 pm, in the Minnesota Capitol Rotunda for the We Make MN Fund Our Futures Rally to make sure our elected officials know that Minnesotans expect them to step up for working families and fund our futures — especially in the face of a new federal administration. Let's show that Minnesota is a true North Star and model for the country through our bold leadership in building a state where all of our families, no matter our race, zip code or gender, have what they need to thrive!

Register at this website: <a href="https://secure.everyaction.com/Y4Sbtp1V7EOGrAikw3dMaw2">https://secure.everyaction.com/Y4Sbtp1V7EOGrAikw3dMaw2</a>

To learn more about and/or join the NUMC-ISAIAH Team, contact Evelyn Burry, Team Leader (<a href="mailto:evelynburry@hotmail.com">evelynburry@hotmail.com</a>; 507-581-4684).



#### **Dismantling Racism Team (DRT)**

We all know that February is Black History Month, but most of us probably don't know much about how it started or how it's evolved over the years. The origins of Black History Month go back to 1915, when Dr. Carter G. Woodson, a Harvard-trained historian, founded what is known today as the Association for the Study of African American Life and History (ASALH). In 1926, the organization sent out a

press release announcing the second week of February as Negro History Week, and encouraging the study of the countless black people who had contributed to the advancement of human civilization. Woodson chose February because it includes the birthdays of both Abraham Lincoln and Frederick Douglass. From the beginning, the response to this call was enthusiastically promoted by schools, clubs, and local

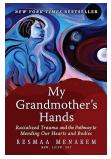
governments, and by the 1960s, the shift to a month-long celebration had begun. President Ford officially recognized Black History Month in 1976. A more detailed history can be found at asalh.org/about-us/about-black-history-month/.

Each year the ASALH provides a theme for Black History Month to focus the attention of the public. The 2025 theme is "African Americans and Labor," which "intends to encourage broad reflections on intersections between Black people's work and their workplaces in all their iterations and key moments, themes, and events in Black history and culture across time and space and throughout the U.S., Africa, and the Diaspora. Like religion, social justice movements, and education, studying African Americans' labor and labor struggles are important organizing foci for new interpretations and reinterpretations of the Black past, present, and future. Such new considerations and reconsiderations are even more significant as the historical forces of racial oppression gather new and renewed strength in the 21st century." [Excerpted from the <u>ASALH website</u>.]

- Explore Black history at nmaahc.si.edu/
- Read books written by Black authors
- Support Black-owned businesses
- Learn about Black leaders at www.blackpast.org/
- Watch films created by Black filmmakers

Book recommendation by Cynthia Wilson, President NAACP, Minneapolis Chapter:

My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies by Resmaa Menakem





Methodists
Investing in
Care and
Action for the
HolyLand



#### Olive Oil for Sale

Palestinian organic, fair trade,
extra virgin olive oil.
500 ml/16.5 oz for \$20.00
750 ml/25.4 oz. for \$25.00
Now available in the church office
We are currently well stocked
with olive oil.

"What does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God." - Micah 6:8

#### With gratitude:

Because of a generous NUMC donor, the MICAH Team was able to make donations to the following UMC Advance projects in Palestine:

#### 1. Department of Service to Palestinian Refugees. \$1,000

This is the relief arm of the Middle East Council of Churches, and they're doing amazing work in Gaza and also in the West Bank.

#### 2. Jerusalem Princess Basma Centre for Children with Disabilities. \$ 1,000

They do great work both at their main Jerusalem Campus and also in Gaza.

#### 3. Shepherd Society is the outreach arm of the Bethlehem Bible College. \$1,000

They provide meals and other support to impoverished individuals and families in the Bethlehem area.

Giving to a UMC Advance project means that all the donation goes directly to the project.

#### Happy Birthday, Nour!

The daughter in our Bethlehem family, Nour, will be turning 15 on February 21st. Nour enjoys writing, music, and reading. Her favorite school subjects are science and history.

#### A Valentine gift idea - A beautiful olive wood heart.

These hearts are available @ \$5.00 each

Contact one of the MICAH Team members or micah@northfieldumc.org



Thank you to everyone who loaned a nativity set for the display of about 20 sets during Advent.



#### **Mugs and Muffins**

Mugs and Muffins does not meet in February. We will meet again on March 17th to continue our study of "Boys of the Bible" Quilt Blocks.



#### **Mission Sewing Project**

On December 8th during the worship service Pastor Donna blessed the 40 quilts that Mission Sewing had completed this year. Mission Sewing donated 35 quilts to Operation Joy. Pictured with the quilts are Mary Twitchell, Connie Hehling, Thalia Duffield, Ann Richards, Barb Hanson, Paula Stowe and Dorothy Orde.

We are always looking for more people to help meet our goals. Our next meeting to tie quilts will be February 26th. We meet at 9AM in Room 120.



# Whoe that the entail expense.

### IT Tech Corner By Jesse Steed

Whoever said that running the soundbooth isn't a spiritual experience? While ensuring that the audio and slideshow components of the worship service go reasonably well often entails a certain amount of prayer and faith, it's actually more profound than one might expect.

At first glance, one might reasonably believe that audio engineering and slideshow management distract the operator from engaging in the actual order of worship. In fact, I often say that when I'm pushing buttons and adjusting levels during a worship service that while I am listening to the spoken words and melodious tunes, I'm not actually paying attention to the meaning. There are times when my family asks me what the message was about and I'll say, "I have no idea, but the audio quality was excellent."

The truth: I experience the worship service three times; once as I prepare the slideshows (plural, one for the congregation in the sanctuary and one with chroma effect for the online viewers), once as I manage the streamdesk on Sunday morning (often with help, necessary help mind you - thanks Goodwins!), and once again as I watch the video after the fact. Assembling the content for the slideshows includes reviewing the bulletin multiple times, as each draft can reveal changes as any revision process always does. I compare the song lyrics to the hymnal because while copy and paste is our friend, the internet has yet to earn my complete trust, not even the CCLI database. As I read the words to the songs and see the names of the worship leaders and participants my mind begins to envision the church service. There are times when my preparation requires me to walk the sanctuary and set up the microphones to accommodate the various parts of the worship service. Sure, it's just plugging in microphone cables and saying "testing" to an empty room, but the purpose of the preparation provides a connection to the people who will participate and engage on Sunday, as well as the 50+ who tend to join on Youtube or watch the recorded video online in the days following the service.

When I watch the recorded video, I make notes of times when the volume could have been higher or a microphone could have been closer to an instrument or zooming the camera at that moment was ill-advised, but I also get to take it in again, without the distraction of queuing up the next slide or planning the next camera transition. I hear the prayers, the children chattering during their message, the murmur of the congregation before and after the service. I find it a nice way to witness the life of the church. Whoever said that running the soundbooth isn't a spiritual experience?



#### **Notes from the Parish Nurse**

February 24 – March 2, 2025 is Eating Disorders Awareness Week (EDAW), which is the largest and best known eating disorders outreach effort in the country. It is sponsored by the National Eating Disorders Association. This annual campaign is held to "educate the public about the realities of eating disorders and to provide hope and visibility to individuals and loved ones impacted by eating disorders." This year's theme is "The Time is Now." Topics covered will be sharing knowledge and resources, encouraging early detection and treatment, and supporting ongoing research.



Eating disorders are serious illnesses that can be life-threatening. They have the second highest mortality rate among mental health conditions (behind opiate addiction), with 1 person dying from an eating disorder every 52 minutes. In the US, about 28.8 million people will have an eating disorder in their lifetime. These disorders are extremely complex illnesses that arise from a variety of biological, psychological, and social factors. People who have an eating disorder exhibit "extreme emotions, attitudes, and behaviors surrounding weight and food issues." These symptoms can affect one's health, productivity, and relationships.

There are three main types of eating disorders with a fourth more general type. They are: anorexia nervosa, bulimia nervosa, binge eating disorder (BED), and eating disorders not otherwise specified (ED-NOS). In particular with anorexia nervosa and bulimia nervosa, prompt, intensive treatment improves chances of recovery. Included here will be an overview of these two illnesses.

Anorexia nervosa is characterized by excessive weight loss and self-starvation. Whole body systems and organs are affected by this disorder: heart, bones, muscles, kidneys, skin, and hair. Women and girls comprise 90-95% of anorexia nervosa sufferers. In America between 0.5-1% of women suffer from this disorder.

#### **Warning Signs of Anorexia Nervosa**

- Dramatic weight loss
- Preoccupation with weight, food, calories, fat grams, and dieting
- Refusal to eat certain foods (no carbohydrates etc.)
- Anxiety about gaining weight or being fat
- Denial of hunger; avoiding mealtime
- Excessive, rigid exercise regimens
- · Withdrawal from usual friends and activities

Bulimia nervosa is characterized by "a cycle of bingeing and compensatory behaviors such as self-induced vomiting designed to undo or compensate for the effects of binge eating." Recurrent binge-and-purge cycles can damage the digestive system, affect the heart, possibly rupture the esophagus, and cause tooth decay. About 80% of bulimia nervosa patients are female. It affects 1-2% of adolescent/young adult women populations.

#### Warning signs of Bulimia Nervosa

- Evidence of binge eating (finding wrappers and containers from large amounts of food)
- Evidence of purging behaviors (frequent trips to the bathroom after meals and signs or smells of vomiting)
- Rigid, excessive exercise regimen
- Staining of teeth
- Schedules that allow time for binge-and-purge sessions
- · Calluses on knuckles from self-induced vomiting

If anyone you know is suffering from any of the above symptoms or warning signs, seek help immediately. The problem will not go away on its own.

Information obtained from the following website: www.nationaleatingdisorders.org



### **Supporting Emma Norton Services & Restoring Waters Shower of Donations**

**United Women in Faith: Meeting Dates** 

February 3, 2025 – UWF Executive Board meeting – 10:00 am Fellowship Hall.

February 10, 2025 - Esther Circle – 1:00 pm Kildahl, 888 Cannon Valley Drive

No meetings until March 2025 - Mugs and Muffins

Website: <u>UWFaith.org</u> – National UWFaith <u>mnconfumw.com</u> – Minnesota UWFaith

Emma Norton Services at Restoring Waters, 2265 Hillcrest Avenue, St. Paul, MN, 55116

**Sundays - February 16, 23, and March 2** – are days United Women in Faith have set aside for collecting **monetary donations for Emma Norton Service's** operating fund. We also share a chance to **shower** those serviced by Emma Norton's staff with needed items.

On **United Women of Faith Sunday, March 2, Shawna Nelsen-Wills,** ENS Advancement Director, will bring us more information about Emma Norton Services and Restoring Waters. She will also be in Adult Forum after worship with more information and to answer questions.

"Emma Norton Services is a trauma-informed organization that promotes healing and recovery, operating at a scale that brings a full array of resources to women, individuals, and families who have experienced homelessness. Housing and services are exemplary, offered in collaboration with key community partners. <a href="Emma Norton Services">Emma Norton Services</a>, <a href="Youtube">Youtube</a>." "[Restoring Waters residents live] in their own studio apartments. The building has gardening and art rooms. A rooftop patio is open to residents. Each floor has a free laundry room. All the units come furnished.

Tonya Brownlow, Emma Norton's executive director says, "I just think of the day when the people living here will be able to fill their days with being in a place where it's really designed for you to be the best possible human you can be."

"We've had many recent move-ins in our programs, and as you may expect, there are a lot of household essentials that our new clients need to help them get settled. This January we're focusing our ask on two main household essentials — pots & pans, and trash bins! We are also seeking donations of Clorox/disinfecting wipes! With illnesses like flu, COVID, and norovirus on the rise, sanitizing surfaces is extra important."

Let's Shower the residents of Restoring Waters and other Emma Norton programs with love, kindness and items needed for successful living in God's world.

Other in kind donations needed:

Household Cleaning Supplies: disinfectant, floor cleaner, sponges, dish soap, Clorox wipes, paper towels

Baby Supplies: Diapers, wipes, formula, pacifiers

General household needs: Queen-size sheets and comforters, towels, brooms, non-stick pans. Winter Gear: New and gently used coats, gloves/mittens, hats, warm socks, winter boots Emma's Store: items for personal hygiene, journals, note cards, fun stuff to purchase

The 2025 Opening Doors Gala will be held on Thursday April 24, at the InterContinental St. Paul Riverfront! Give a donation toward their silent auction and/or purchase a ticket.

Alliance Stamp Ministry: All types of cancelled postage stamps and Stamp collections are accepted. Put them in the box in Fellowship Hall. This is an ongoing ministry.

### Announcements

Join us for fellowship and coffee in the Fellowship Hall following worship every Sunday!



### Aluminum Cans for Operation Backpack

Collect your aluminum cans and place in the container behind the church kitchen. All proceeds from the cans go towards Operation Backpack.

#### **Card Making with Margie**

Tuesday, February 19, 2025 2:30-4:00 pm, in classroom #120 Cost: \$10 to cover supplies. Join Margie Brockton for a fun time of making greeting cards. She will have all the supplies needed. Call 507-649-2324 to register.





### Church Office Hours

Monday - Thursday, 8:00 am - 4:00 pm Friday, 8:00 am - noon



#### March Herald Newsletter Deadline

The deadline for the March issue of the Herald Newsletter is:

Noon on Wednesday, February 19, 2025
Please submit your items for the newsletter in a digital format (word document) to <a href="mailto:northfieldumc@gmail.com">northfieldumc@gmail.com</a>.

Late submissions will not be accepted.

For Sunday 9:30 am livestreamed worship service, visit our website: northfieldumc.org



#### The Methodist Mile

These boots were made for walking, and that's just what they'll do. . .right here on Tuesdays and Thursdays, 1:30-3:30 pm! Need a place to get your steps in while the weather outside is still frightful?

Our Methodist Mile is a 7 lap route you can walk (please no running!) inside our church facility. Just follow the signs with the feet! Our Methodist Mile has become a very popular destination in the community!

#### **Playtime for Toddlers**

Tuesdays through March 25, 2025, 10:00 - 11:30 am for preschool and younger children: join us for Playtime in the gym! Large muscle toys and space to run for littles who have wintertime wiggles. For children 5 and under with their caregivers.



### **Super Wednesday Community Meals**

Food for the soul and the stomach! 5:30-6:30 pm on Wednesdays during the program year.

Watch our Facebook page and our website northfieldumc.org for menus and any cancelations due to weather. (NOTE: NUMC follows the policy of Northfield Public Schools for weather closures.)

### Because every picture has a story to tell...



Esther Circle members wrap gifts for a Northfield family identified through the Community Action Center. Hoping the family had a special Christmas with gifts from their "wish list".



Northfield United Methodist Church was well represented at a packing session at Feed My starving Children in Eagan, Minnesota on Monday, December 23. Gordon and Dorothy Orde, Gordon's Dad: Gerald Orde, Jim and Lynn Gryc and their granddaughter Mariah Bultman.



Cynthia Wilson, President of the NAACP Minneapolis Chapter was our guest speaker at January 19th worship.



The peaceful glow of the Christmas Eve candlelight service.



The SALT Toys for Tots collection at NUMC was a huge success with two collection boxes over flowing with toys for less fortunate children in Rice County.



On January 7th Pastor Donna participated in worship at St. Olaf's Boe Memorial Chapel.



The NUMC Youth were busy with Advent and Christmas activities including making gingerbread houses (substitute graham crackers) and a game which included wrapping them up like presents!





# FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30-11:00 Community Reservation
9:30 Worship with Communion 10:00 Children's Church 10:30 Coffee in Fellowship Hall	3 3:00 UWF Mtg. 5:00-7:00 Community Reservation 7:00 Community Reservation	9:00 Bible Study 10:00-11:30 Playtime for Toddlers 1:30-3:30 Methodist Mile Walking 2:00-3:00 Community Reservation	5 9:00 Mission Sewing 12:00-1:00 Community Reservation Super Wednesday 3:30 KC3 5:30 Shared Meal 6:15 Adult Choir 6:30 Handbell Choir 6:30 Youth Fellowship	6 12:00 Community Reservation 1:30-3:30 Methodist Mile Walking	7 8:00 Men's Breakfast 5:00-9:00 Community Reservation	8 9:30-11:00 Community Reservation 10:00-12:00 Community Reservation
9 9:30 Worship 10:00 Children's Church 10:30 Coffee in Fellowship Hall 6:30-8:30 Community Reservation	10 10:00 MICAH mtg. 1:00 Esther Circle - Kildahl 7:00 Community Reservation	11 9:00 Bible Study 10:00-11:30 Playtime for Toddlers 1:30-3:30 Methodist Mile Walking 2:00-3:00 Community Reservation 5:30-7:00 Community Reservation	12 9:00 Mission Sewing 12:00-1:00 Community Reservation Super Wednesday 3:30 KC3 5:30 Shared Meal 6:15 Adult Choir 6:30 Handbell Choir 6:30 Youth Fellowship	13 10:30 Community Reservation 12:00 Community Reservation 1:30-3:30 Methodist Mile Walking	14 8:00 Men's Breakfast	15 9:30-11:00 Community Reservation
16 9:30 Worship 10:00 Children's Church 10:30 Coffee in Fellowship Hall	17 7:00 Community Reservation	18 9:00 Bible Study 10:00-11:30 Playtime for Toddlers 1:30-3:30 Methodist Mile Walking 2:00-3:00 Community Reservation 2:30 Card Making with Margie 7:00 Facilities Mtg.	19 9:00 Mission Sewing Noon - March Herald Newsletter Deadline 12:00-1:00 Community Reservation Super Wednesday 3:30 KC3 5:30 Shared Meal 6:15 Adult Choir 6:30 Youth Fellowship	20 12:00 Community Reservation 1:30-3:30 Methodist Mile Walking 7:00 Renewal via zoom	21 8:00 Men's Breakfast	9:30-11:00 Community Reservation
23 9:30 Worship 10:00 Children's Church 10:30 Coffee in Fellowship Hall	7:00 Community Reservation	25 9:00 Bible Study 10:00-11:30 Playtime for Toddlers 1:30-3:30 Methodist Mile Walking 2:00-3:00 Community Reservation	26 9:00 Mission Sewing 12:00-1:00 Community Reservation Super Wednesday 3:30 KC3 5:30 Shared Meal 6:15 Adult Choir 6:30 Handbell Choir 6:30 Youth Fellowship	27 12:00 Community Reservation 1:30-3:30 Methodist Mile Walking	28 8:00 Men's Breakfast	

#### NORTHFIELD UNITED METHODIST CHURCH

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# SIGN UP



Northfield United Methodist Church

offers an electronic option for our monthly newsletter. By having our newsletter available electronically, we will save costs on paper, postage and copier usage. The newsletter will still be available to those who want to receive a hard copy in the mail.

For those that sign up, you will receive an e-mail directing you to a link to view the newsletter. If you have more than one member in the household that would like to receive this e-mail, please list them also.

Please cut out this form, fill in the information and place it in the basket in the church office or place it in the offering plate on Sunday mornings.

Please print clearly! Thank you!

E-mail Address \_\_\_\_\_

Name

E-mail Address \_\_\_\_\_

#### **Our Church Staff**

Donna Dempewolf **Pastor** 

Parish Nurse Ruth Kruse

Office Administrator Sandy Vesledahl

Child Care Provider Kathryn Steed

Interim Youth Director Kristen Twitchell

Children's Ministry **Gregory Ennis** 

**NUMC Band** Dave Miller

Handbell Choir Director Kathy Szydlo

Adult Choir Deborah Rae Miller

Custodian Arturo Rosas Avila

Information & Worship Jesse Steed

**Technology Consultant** 

Treasurer David Wolf

> Retired Clergy: Wayne Abdella, Carl Caskey, Richard Collman, Jeanne Martin, Dick Waters, Mary Keen, Gordon Orde, Clay Oglesbee, Melvin Henrichs, Dana Houck