

# United Methodist Herald

June 2023



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## June Worship

June 4

Celebration of Holy Communion

Matthew 28:16-20

Rev. Todd Campbell, Jr.

June 11

Graduation Sunday

Jonah 1:11-17, Luke 15:11-42

Rev. Jerad Morey

**Summer Series - Family Ties**  
**The good, the bad...and the beautiful**

June 18: Ancestors

Genesis 47:1-12

Rev. Rachel McIver Morey

June 25: Parents

Genesis 27:30-38

Rev. Todd Campbell, Jr.



## NUMC WELCOME STATEMENT

We affirm that all people are created in the image of God and, as beloved children of God, all are worthy of God's love and grace, regardless of their sexual orientation, gender identity, family status, race, ethnicity, physical or mental ability, socio-economic status, or age. We unreservedly support and affirm the full inclusion of persons of all sexual orientations and gender identities in all facets of ministry at Northfield UMC, including ordination and marriage. Following Christ's example, we open our hearts, minds, and doors to welcome all who come to us in God's grace.

## FINANCE UPDATE

### How to make tithes and offerings

You can make your tithes and offerings a few different ways:

1. Make automatic donations from your bank account.  
Contact [northfieldumc@gmail.com](mailto:northfieldumc@gmail.com) for a form.
2. Donate online using a credit card, by clicking on the GiveMN tab on the church website [northfieldumc.org](http://northfieldumc.org).
3. Drop a check in the offering basket during in person worship.
4. Mail a check to: Northfield United Methodist Church  
1401 S. Maple St., Northfield, MN 55057

### Enjoy the Convenience of Electronic Giving!

Electronic giving offers convenience for individual congregation members and provides much needed donation consistency for our congregation. Please consider electronic giving.

Authorization forms are available on our website [northfieldumc.org](http://northfieldumc.org) or by emailing [northfieldumc@gmail.com](mailto:northfieldumc@gmail.com).

**General Fund April 2023 contributions \$56,611.66**

**General Fund April 2022 contributions \$27,978.66**

**General Fund YTD 2023 contributions \$121,123.64**

**General Fund YTD 2022 contributions \$123,674.10**

## NUMC Board

The governing body of the church is the NUMC Board. The members of the board are duly elected at an annual meeting, or "Charge Conference," open to all membership. Share any concerns with the NUMC Board here: [info@northfieldumc.org](mailto:info@northfieldumc.org)

Co-Chairs: Kevin Dahle and Pierce Follansbee-Delong

Treasurer: John Stull

Secretary and Communications: Carolyn Seas

SPRC Liaison: Jody Friedow

Stewardship and Finance Liaison: Tim Goodwin

At-Large Members: Sara Newberg, Jessy Hoffer, Allie Lyman, Warren Winkelman, Bruce Benson, David Wolf, Bruce Dalgaard

## Northfield UMC Leadership Board

### Wednesday April 19, 2023 Meeting Minutes

**Attendees:** Bruce Benson, Carolyn Seas, John Stull, Warren Winkelman, Kevin Dahle, Pierce Follansbee-Delong, Allie Lyman, Sara Newberg, Jody Friedow, Bruce Dalgaard, Tim Goodwin, Dave Wolf, Jessy Hoffer, Kerry Hanson, Ruth Kruse, Pastor Rachel McIver-Morey

**Not Present:**

**Meeting Called to order:** 5:30 pm by Kevin Dahle

**NUMC Prayer**

**Approval of Minutes:** A motion was made by Bruce Dalgaard to approve the **March 1, 2023** NUMC Board minutes. Jody Friedow seconded. **Approved as read.**

**Approval of Agenda:** Warren Winkelman moved to approve the agenda. Pierce Follansbee-Delong seconded. **Agenda Approved.**

Continued on next page

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**Board Missional Responsibilities: UMC Mission Statement:** To make disciples of Jesus Christ for the transformation of the world.

**NUMC Mission Statement:** We are called, nurtured, and sent out for this purpose: To glorify God by acts of or devotion, worship, compassion, and justice.

### **Agenda items**

#### **Fiduciary Items:**

**SPRC:** The church's congregational profile and clergy profiles were updated for the annual conference.

**Finance:** stewardship update and treasurer's report.

#### **General Fund**

The balance in the CRB checking account, as of March 31, 2023 was \$28,455.26, Giving was down in March 2023, at \$17,168.66. However, the giving in April, as of 4-12, was already at \$47,824.66. There are a few reasons for this. The simplest answer is that giving has changed. Many folks are now doing quarterly giving. March 31st was the end of the quarter so those checks were coming in at the beginning of April. Also many members have responded to the board's plea for an increase in giving. The March apportionments were paid in April. General fund income for the month was \$20,961.27. Monthly expenses were \$34,413.32 We finished the month \$13,452.05 in the and YTD \$38,525.66 in the red.

#### **Physical Plant**

Physical Plant income was mostly from support from the General fund. For the month income was more than expense by \$1,128.87.

#### **Endowment Funds**

These funds now total \$941,978.79 including the amount we owe ourselves, which is \$334,802.54. This is \$29,054.85 more than the first of the year.

A discussion followed concerning taking a partial disbursement from the endowment funds to cover the cost of the church organ repair. Tim Goodwin made a motion to take approximately \$15,000 from our endowment funds to cover the remaining amount owed for the organ repair. Bruce Benson seconded. **Motion approved.**

#### **Facilities**

Pastor Rachel reminded the board of the upcoming tree limb clean-up scheduled for April 22nd .

#### **Report of nominations task force**

Pastor Rachel informed the board that John Stull will be retiring from the office of church Treasurer. Dave Wolf has volunteered to become the new Treasurer. Jody Friedow will also be leaving the board as the SPRC representative. Sara Newberg has volunteered to take her place in that position. The board is still seeking 3 to 4 more new members. The new positions will start July 1st, 2023.

#### **Board structure document**

The current document was slightly amended. The board will now consist of 11 to 13 members, instead of the original 11 to 15. The board will meet a minimum of 6 times a year, instead of monthly. This document will be submitted to the charge conference in June. Sara Newberg moved to approve the amendments and to publish the document in the May Herald. Allie Lyman seconded. **Motion approved.**

#### **Ministry Items:**

##### **Daycare: Congregational conversation April 16**

Kevin Dahle reported on the Adult Forum presentation given to the congregation about our possible daycare engagement. He felt the consensus was to keep moving forward with the possibility of providing daycare within our church building. We would make the facility available, but the daycare would not be run by the church. The Northfield Nursery School could possibly be a partner in this endeavor, but further discussion is needed on what the leadership would look like. Kevin suggested we tour other daycare facilities, to get a better idea of all that is involved.

##### **Family event**

Pierce talked to Todd Campbell about our church sponsoring a Back to School/ Sidewalk Party. It will be on August 26, 2023 from 2 to 7. They hope to have a bounce house, vendors with school supplies, food, and other activities. They will also have one big activity inside the church to show families our facilities and family ministries.

#### **Next Meeting: June 7, 2023, 5:30 pm.**

A motion was made by John Stull to adjourn and seconded by Warren Winkelman.

**Meeting was adjourned at 6:20 pm.**

Respectfully submitted by Carolyn Seas, Secretary

# Message from the Pastor

As I write I'm reminded of the beauty of creation by a house finch singing melodically at the birdfeeder outside the parsonage window. For many people who live according to a schedule defined more by work, school, or a church program year, June can be a month of opening ourselves up to reminders of God's abundance. There are so many ways we can be reminded of the Lord of Love - and so many ways we can live out God's love to others.

This month in worship we celebrate Pentecost - the birthday of the Body of Christ. The day when each was given the courage to tell their own God stories in a way that their audience could intimately understand.

The next Sunday we celebrate our Northfield High School Class of 2023, who will be graduating with their own God stories and sharing them in their own ways through testimony, prayer and musical expression as they lead us in worship. The words of youth on the cusp of launching into new life reminds us of the abundant love we experience in our own church family.

Our summer sermon series on "Family Ties: The good, the bad... and the beautiful" begins later this month. We live our lives in connection. Connection with those who have passed; connection

with those we have lost, connection with those who are not yet born and connection with those to whom we are bound not by blood but by choice. Some of these connections are simple, others complex and painful in their presence or absence. Yet as the Holy Spirit lives in our hearts and is wholly entangled in our relationships we may find abundance in our Family Ties as illuminated by Scripture.

One of our families of choice is that family we know as the Body of Christ. When we take a good look at our own siblings in faith - present and past - we see modeled for us wonderful ways to be light in the world. Your Reconciling Ministries Team will have a booth set up at Northfield Pride on June 3 in a vigorous attempt to let God's love shine for LGBTQIA+ people who do not consistently hear that "Jesus loves you." Two weeks later on June 18 your Dismantling Racism Team will share their own research on how certain White Christians have been great allies to BIPOC people during an Adult Forum "I Can Do This: White Ally Stories."

This month the Body of Christ adds another year to its four-digit age; another candle to its cake. We release another class of young disciples to be salt and light in the world and we use the light of Scripture to illuminate our Family Ties. We will continue with each of our own lives to grow in our capacity to know and do God's will on earth as it is done in heaven.

A cardinal has replaced the finch outside my window birdfeeder; still, it sings its own steady song of life, and that abundant.

Blessings, Pastor Jerad



NUMC Youth and KC3 kids celebrated the end of the programming year on our final Super Wednesday with a bonfire, games and smore's. A beautiful evening with lot's of fun had by all!

For children, youth, and families, we will have opportunities for fun and faith development this summer. More information and pre-registration information will be available as each date approaches; join the family ministries or NUMC all-church email list to stay up-to-date (need to join? Email us at [youth@northfieldumc.org](mailto:youth@northfieldumc.org))

## June 4 - Confirmands Covenant Discipleship

Confirmands beginning a summer Covenant Discipleship group will have their Covenant blessed in worship and hold the first in-person meeting of their CD group afterward.

## June 11 - Graduation Sunday

Help us celebrate and bless the class of 2023!

## June 17 - Youth Summer Chill

Youth will meet up over ice cream or boba to connect and cool off.

## June 28 - Culver's Youth Mission Trip Fundraiser

This Tuesday all youth going on the mission trip can come to Northfield Culver's from 5:00pm to 8:00pm where we help clean and bus tables in exchange for a portion of that evening's revenues. Invite your friends and family to have dinner there or grab a dessert there after dinner!

## July 2 - Confirmand Covenant Discipleship Group Meeting

The Confirmand Covenant Discipleship Group will meet in person in the Fellowship Hall after worship.

## July 9-12 - Trailblazer Camp (ages 8-12)

Northfield UMC will provide transportation to/from camp this summer and our youth will enjoy the great outdoors in community. If there are any kids who could use scholarships, we do have fund available to assist with that.

## July 23 - 28 - Youth Mission Trip

Youth will travel to Alamosa, Colorado to help with food insecurity and sustainability.

## July 30 - Confirmand Covenant Discipleship Group Meeting

The Confirmand Covenant Discipleship Group will meet in person after worship.

## July 30 - August 3 - Vacation Bible School

Northfield UMC will partner with Little Prairie UMC (2980 130th St E Dundas, MN 55019) to offer our young students a memorable VBS.



Prayer shawls were presented to our KC3 5th graders on the final day of KC3 as they graduate to Youth group!

### What Is a Prayer Shawl?

A prayer shawl is intended to be a reminder of God's loving and healing presence and care. It is warming, comforting, enfolding, and embracing. It is God's blessing resting upon an individual's shoulders. A prayer shawl can be given as a gift for any occasion or any season of life. The knitter also experiences comfort and peace through prayers offered during the knitting process.



## **A time to celebrate!**

The Minnesota legislature ended its 2023 session on time and with a budget for the next two years! It's a plan that will bring our state closer to economic and racial justice. Legislators deliberated long and hard to accomplish this – but it wouldn't have happened without the efforts of ISAI AH and other collaborating organizations telling our stories and urging them to take action.

The list of new legislation includes these ISAI AH top priorities – a budget that puts the needs of people front and center, Paid Family and Medical Leave, Child Care funding that includes a new Department for Children, Youth and Families, 100% Clean Energy by 2040, a Democracy for the People Act including automatic voter registration and restoration of the vote to parolees, and much more.

What did ISAI AH supporters do? Across the state, folks showed up 3,348 times at the Capitol, and an additional 2,567 times in-district with 7,023 event actions taken. In addition, at least 26,741 action alert emails and postcards were sent to legislators and 118 letters to the editors or op-eds were submitted. And finally, 75 ISAI AH leaders gave testimony at committee hearings. We were determined and persistent and our work had results.

**ISAI AH supporters in the Northfield area will be celebrating the work of this legislative session with a mid-June party in a local park. Rep. Kristi Pursell will be joining us there. Watch the all-church emails for time and place and join the celebration.**

and then plan for the future...

**On June 24, 9:30 am to 2:00 pm in St Paul, ISAI AH is holding its statewide Strategic Leadership Assembly, a time when all bases of ISAI AH come together to reflect on where we are, and chart the next season of organizing in our communities.**

**Carpools will leave from the Northfield UCC parking lot at 8:30 am. Register at:**

<https://secure.everyaction.com/2DHDsGk9a0-DEreNa0kIVA2> or contact Evelyn Burry who can register you.

**FOR MORE INFORMATION OR TO JOIN THE NUMC-ISAI AH TEAM:** Contact Evelyn Burry, the team leader at 507-645-7481, or email her at [evelynburry@hotmail.com](mailto:evelynburry@hotmail.com)



# **IT Tech Corner**

By Jesse Steed

## **Online Safety**

Being safe online isn't what it used to be. How do you know if a friend request is from a friend or foe? How do you trust the link you're clicking on? How do you know this article was written by a real person and not AI like Chat GPT?

When I was at Kalamazoo College majoring in French Literature, a professor told me to check my papers for things like spelling and grammar, because little mistakes like that add up when grading a paper. She said to think of proofreading as standing confidently behind your work, as if I had to lay out \$20 in \$1 dollar bills on the table, and for every spelling or grammar mistake, the professor took a dollar. Not wanting to risk my hypothetical dollars, I spent extra time checking my work to make sure it was correct.

Being safe online requires not only checking your own work like your profile, work bio, your product descriptions, etc, but it also requires that you carefully check the work of others. Is what you are reading in a new online friend's profile true? Can you verify the information through public records? Or here's a crazy thought, can you call them on the phone? Can you meet them in person in a safe place in town, or with other friends? Here are some suggestions that may be challenging to do but are worth reflecting on.

- Consider ignoring or deleting online friend requests from people that you do not know in real life.
- Save yourself the sleuthing time of investigating online profiles and posts and consider keeping your online world small and manageable.
- Focus your energies on quality friendships offline.

Social networks allow us to connect in amazing and special ways, but they are still a tool that we can choose to use according to our values for fostering friendships. Reach out this week to those around you and build meaningful connections.

## Dismantling Racism Team (DRT)

### I Can Do This: White Ally Stories

Juneteenth National Independence Day (June 19) commemorates the day in 1865, two and half years after the Emancipation Proclamation, that Union troops announced emancipation to the enslaved people in Galveston, Texas. It became a federal holiday in 2021. According to [Juneteenth.com](http://Juneteenth.com), "It is a time for reflection and rejoicing. It is a time for assessment, self-improvement and for planning the future."

The Dismantling Racism Team (DRT) invites you to recognize Juneteenth by attending a discussion after church on June 18 we're calling, "*I Can Do This: White Ally Stories*." Members of the DRT have researched and/or experienced instances of allyship throughout history that we will share as a way to rejoice in hopeful actions being done for God to change the system of racism. We'll also have a chance to reflect on how we can focus on positive action and become better allies. Please join us!



### Mission Sewing Project

At the end of May, 17 boy's outfits (tank top and shorts) and 15 girls dresses were brought to Minnesota Annual Conference where they were packed in a truck going to Midwest Mission Distribution Center. Thanks to Peg Jennings for working on this project.

Mission Sewing is busy getting quilts finished so we will be able to donate many different places. Some of the places we donate to are Masonic Children's Hospital, Emma Norton Services, Operation Joy.

Our next meeting is June 28th, Wednesday to tie quilts. We meet at 9AM in Room 120. We always welcome new members.

Dear NUMC Mission Sewing:

Thank you to the Northfield United Methodist women for the twelve quilts. These were added to those from the St. Paul OES Sewing unit and given to the Ronald McDonald House at the University of Minnesota Masonic Children's Hospital for families with ill children.

Sincerely,  
Rita Glazebrook  
Secretary

### Mission Sewing Quilts on Display in the Sanctuary During United Women in Faith Sunday



### Mugs and Muffins

Mugs and Muffins will meet on June 19th at 9AM in the church library. We are continuing our study of the "Boys of the Bible Quilt Block Series." In June we will be studying Caleb, Samuel and Saul.

New members and guests are always welcome.





# Notes from the Parish Nurse

June is Myasthenia Gravis Awareness Month. The theme for 2023 is “Turn Awareness into Action.” People are encouraged to get the word out about myasthenia gravis (MG) by writing proclamations, displaying lawn signs, writing op-ed articles, and donating money for research of this disease.

“Myasthenia gravis comes from the Greek and Latin words meaning ‘grave muscular weakness.’ The most common form of MG is a chronic autoimmune neuromuscular disorder that is characterized by fluctuating weakness of the voluntary muscle groups” ([www.myasthenia.org](http://www.myasthenia.org)) Antibodies that normally fight infection in the body mistakenly end up attacking healthy tissue of the communication system between the brain and muscles. Exact cause of the disease is unknown.

Prevalence of MG in the United States is 14 to 20 people per 100,000, which figures out to be 36,000-60,000 people being affected by this disease. There are probably many more cases because MG remains underdiagnosed. It is thought that the disease occurs regardless of gender, race, or age. Myasthenia gravis is not directly inherited, it is not contagious, nor is it transmitted by any form of contact. And finally, there is no cure for this disease but effective treatment can make life easier.

There are two main types of autoimmune myasthenia gravis. Ocular MG affects muscles that move eyes and control eyelids. They become fatigued and weakened easily, which can cause double vision and drooping or closed lids. Generalized MG affects other muscles that are under voluntary control. These include muscles involved in chewing, swallowing, coughing, making facial expressions, breathing, and those controlling movement of arms and legs. All of the affected muscles will become weak with repetitive or continued activity but with rest muscle strength improves. Generalized muscle weakness also changes from day to day and from the beginning to the end of the day.

There are a variety of symptoms that are caused by MG, but individual people will probably not experience all of them. Generally people feel tired and may have weakness in their neck, arms, and legs. If one’s face is affected it might be difficult to smile, make other facial expressions, or chew food. If untreated it could lead to difficulty swallowing and breathing. Speech might be affected; it might become slurred or sound different. Some people might have problems walking upstairs and lifting objects. There are a number of factors that increase symptoms. They include emotional upset, systemic illness (especially viral respiratory infections), hypo or hyperthyroidism, pregnancy, menstrual cycle, some medications, and an increase in body temperature.

A complete medical and neurological evaluation will be the first step to diagnose myasthenia gravis. Next blood tests will be drawn to look for abnormal antibodies that are responsible for causing this condition. An electromyography (EMG) study of muscle activity might be done. Muscle strength might be evaluated, and finally a CT scan might be done “to assess the size and shape of the thymus gland, a gland that forms part of the immune system and its problems, such as inflammation.” ([www.myaware.org](http://www.myaware.org))

Treatment of MG is very individualized. Medications are usually prescribed. They might include pyridostigmine which temporarily boosts nerve muscle transmission to help muscle strength and steroids to reduce production of antibodies by slowing down the body’s immune system. Also considered might be plasma exchange or intravenous immunoglobulin. And finally a thymectomy might be considered. This is removal of the thymus gland, which lies behind the breast bone. Remission of the disease, reduction in symptoms, or decreased need for some medications might occur after surgery. But, removal of the gland might not help decrease symptoms at all.

Following are helpful points to living well with myasthenia gravis. ([www.myaware.org](http://www.myaware.org))

- Eat well (a balanced diet) and rest well
- Eat softer foods if swallowing is difficult or chewing causes fatigue
- Exercise well but within limits
- Focus activities to the strongest time of day (usually morning)
- Listen to your body; learn what triggers symptoms
- Accept that there will be good and bad days
- Realize that weather and temperature will affect muscle function
- Keep in touch with other who are experiencing MG
- Be knowledgeable about the disease
- Accept help from friends and relatives
- Keep a diary about new symptoms; write down questions
- Stay positive and get emotional support as stress can worsen symptoms
- Make home adaptations as necessary

“The outlook for most people with myasthenia gravis is positive...While existing treatments do not cure MG, most patients have improved muscle strength and some even experience remission.” ([www.myasthenia.org](http://www.myasthenia.org)) Research and clinical trials create new treatments and normal life expectancy can be achieved. Websites consulted: [www.mda.org](http://www.mda.org), [www.myasthenia.org](http://www.myasthenia.org), [www.myaware.org](http://www.myaware.org), [www.nationaltoday.com](http://www.nationaltoday.com)





**Methodists  
Investing in  
Care and  
Action for the  
HolyLand**

*“What does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God.” - Micah 6:8*

**Save the Date.....November 5**

We will be celebrating our sponsorship of our Palestinian family of 10 years! A dinner and special program will be held at the church. More details to follow.

**"Zatoun is Palestine in a bottle"  
fair trade extra virgin olive oil and more.....**

**Who or what is zatoun?**

This is a company in Richmond Hill, Ontario, the supplier for the Micah teams' olive oil that we sell in support of the Palestinian people.



Zatoun imports the olive oil direct from Palestinian growers and producers- many very small-who work co-operatively in order to provide income or supplement income. This product comes at great cost to the grower, in many instances growers wait days for access to their groves. It bears repeating that an estimated 9,000 trees have been destroyed in the last year alone. Rarely is there just compensation for the loss, and it can take many years for any settlement.

Northfield UMC has a strong relationship with Zatoun and has had for 10 years. Zatoun is also a good source for news and resources to keep us educated and up to date on the plight of the Palestinians.

Our Church's Micah group works to make more of our members and friends aware of the situation in Palestine, and the goodness of supporting Zatoun through good products; as Zatoun says 'in the ups and downs of the Journey, we wish love, justice and peace (in that order) to Palestine-Israel and the world'.

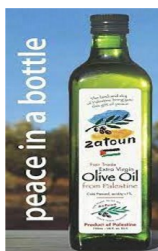
The Micah team at UMC is inviting any members, with an interest in our mission, to join our team.

**Experience- Learn- Share**

Go to [zatoun.com](http://zatoun.com) for educational resources, news articles and even hopeful news.

**Summer Salad Dressings- time to get out  
the Zatoun Olive Oil for Roquefort Dressing**

Mash 2 oz Roquefort cheese, add 1/2 tsp. paprika, dash Tabasco, 3 T vinegar, gradually add 1/2c olive oil. Shake well before using. Feta cheese also works well.



**Olive Oil for Sale**

Palestinian organic, fair trade, extra virgin olive oil.

**500 ml/16.5 oz for \$20.00**

**750 ml/25.4 oz. for \$25.00**

Now available in the church office

We are currently well stocked with olive oil.





United Women in Faith

## Mission Rummage Sale June 16-17, 2023

### United Women in Faith June Meeting Dates:

June 5, 2023 – UWF Executive Board meets – 3:00 Fellowship Hall

Note Date! September 11, 2023 - Esther Circle – 1:00 PM

Kildahl Park Pointe, 888 Cannon Valley Drive, Northfield, MN

Mugs and Muffins – June 19, 2023 – 9:00 AM - Northfield UMC church library

**Sunday, May 21, 2023:** Thank you to all who took part in United Women in Faith Sunday – Lin Wolf, Jody Friedow, Crystal Greenfield, Linda Betzold, Sarai Moreno, Cindy Anderson, Catherine Williams. Special thanks to Rev. Pamela Ngunjiri, MN Council of Churches.

**Mission u:** Come! Marion, Elizabeth, Becky, and Cindy are waiting for you to explore together the heart of Jesus' good news and what fresh vision it offers us as we seek to be in mission today. They are using the curriculum, *Living the Kin-dom: Exploring the Lord's Prayer as a Spiritual Practice for Social Transformation* by Riva Tabelisma.

In person meeting is at Motley UMC, July 7 – 9, cost: \$150. Plus \$150 for a room at the Timberlake Hotel, Staples, MN. There is also a virtual option that meets in your homes, Wednesday or Thursday, each week in July. Whichever option you choose, there will be eight class sessions. The book is available for purchase (\$15) online UWFaith.org but not required to join the study. More information and registration can be found on the website: [mnconfumw.com](http://mnconfumw.com) – Minnesota UWFaith. Please bring with you for each session a Bible and your choice of writing tools – pen, pencil, paper, journal book, computer, etc.

### Mission Rummage Sale

June 11, 12, 13 Early Drop off in class room 121 - During regular church business hours. (Mon. & Tues. 8am-4pm)

June 14, 15 Set up the Sale in Fellowship Hall – 9:00 AM to 7:00 PM

June 16 Sale is open 9:00 AM – 4:00 PM

June 17 Sale open 9:00 AM – 12:00 noon

Take down and clean up 12:00 until done.



**QUESTIONS?  
CONTACT CATHERINE WILLIAMS 507-301-5865**

House Hold Items - Dorm Room needs  
Sports items  
Books  
Clothes for all ages  
Jewelry  
Art Work  
Children's Toys  
Collectibles  
Antiques  
Miscellaneous

**Helping Hands are needed to make this sale a success.**

Thank You for gathering items for the Hygiene Kits. George and Linda Davis have taken them to the UM Annual Conference. We combined ours with River Valley District UWFaith.

**Proceeds go to the United Women in Faith budget to help women, children, and youth of our church and the world.**

Website: UWFaith.org – National UWFaith  
[mnconfumw.com](http://mnconfumw.com) – Minnesota UWFaith

**Alliance Stamp Ministry** All types of cancelled postage stamps & **Stamp Collections** are accepted. Box in Fellowship Hall.

# ANNOUNCEMENTS

Join us for fellowship and coffee in the Fellowship Hall following worship every Sunday!

For Sunday 9:30 am livestreamed worship service, visit our website: [northfieldumc.org](http://northfieldumc.org)



## Aluminum Cans for Operation Backpack

Collect your aluminum cans and place in the container behind the church kitchen. All proceeds from the cans go towards Operation Backpack.



Our church will be sponsoring the Meals On Wheels for the Northfield community the week of June 19-25, Monday through Saturday. We are seeking volunteers to be drivers to deliver the meals made by the hospital. It is a great service to get meals to those who need a good healthy meal. It only takes about an hour over the noon hour. You can volunteer 1 day or every day or as many as you want.

Please send Marie Beck an email at : [Marieyvonbeck@gmail.com](mailto:Marieyvonbeck@gmail.com) or call her at 608-322-3596 with days of the week you would be available to help. If you have a preferred route color (blue, green, yellow, pink or orange) include that with your message. Thanks everyone. It is fun seeing people as you deliver these meals.

## Card Making with Margie

Monday, June 19th, 2:30-4:00 pm  
In classroom #120

Cost: \$10 to cover supplies.

Join Margie Brockton for a fun time of making greeting cards. She will have all the supplies needed. Call 507-649-2324 to register.



Every congregation waiting for the preacher to Wind. It. Up.  
(Or when Pastor Rachel gets a little too wound up)

## Coffee Shop Hours for Pastor Rachel

Little Joy coffee shop patio is one of the best in town and beginning Monday June 19, Rachel will be there 12:30-2pm each Monday through end of July. No appointment necessary - drop in to say hello!

Don't Miss the **DEADLINE!**

**July Herald Newsletter Deadline**

The deadline for the July issue of the Herald Newsletter is:

**Noon on Wednesday, June 21, 2023**

Please submit your items for the newsletter in a digital format (word document) to [northfieldumc@gmail.com](mailto:northfieldumc@gmail.com). Late submissions will not be accepted.

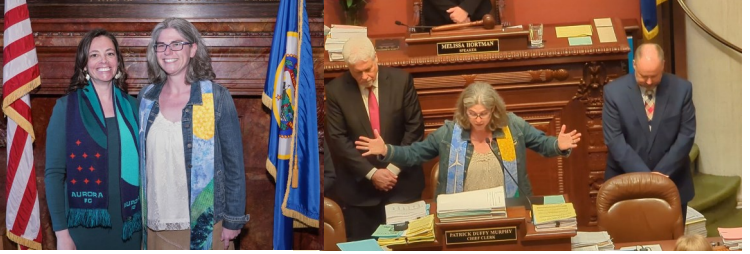
# Because every picture has a story to tell...



Best cinnamon roll tea rings around! Looks like Todd got the bigger plate Rachel.



Reconciling Team planning for Northfield Pride in the Park.



Pastor Rachel with Rep. Kristi Purcell on the day Pastor Rachel served as guest chaplain at the MN House of Representatives.



NUMC UWF hosted the River Valley District United Women in Faith Spring Gathering. Gina Washburn spoke on issues facing Latino migrants.



There was a job for everyone at the Facilities Team spring clean up day! Thank you to all who came out and spent a Saturday morning getting the church outside grounds and indoors in shape and looking good.

Worship Tech Consultant Jesse Steed shares his knowledge of the streaming desk with Crystal Greenfield.



Break time for the spring clean up crew!



Special thank you to the Super Wednesday kitchen crew! Pam, Connie, Bill, Bruce, Gordon, Jim, Rich, Karen, Merrell, Jeremy, Jody, Mary Ann and the youth who helped clear tables!



Thank you to Darlene Cox for the beautiful planters at every entrance and the south island garden.



# JUNE



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"Community Reservation" designates a room reservation for a non-church related community organization.</p>				<p>1 12:00 Community Reservation</p>	<p>2 8:00 Men's Breakfast <b>Church Office Closed</b></p>	<p>3 8:30-11:00 Community Reservation  12:00-4:00 pm Northfield Pride in the Park</p>
<p>4 9:30 Worship with Communion 10:30 Coffee in Fellowship Hall 10:30 Adult Forum</p>	<p>5 3:00 UWF meeting 7:00 Community Reservation</p>	<p>6 9:00 Bible Study</p>	<p>7 9:00 Mission Sewing 11:30-1:00 Community Reservation 5:30 NUMC Board Mtg.</p>	<p>8 9:00-2:00 River Valley District meetings 10:30 Community Reservation 12:00 Community Reservation</p>	<p>9 8:00 Men's Breakfast <b>Church Office Closed</b></p>	<p>10 8:30-11:00 Community Reservation</p>
<p>11 9:30 Worship Graduation Sunday Rummage Sale Drop Off in Room #121 before and after church 10:30 Coffee in Fellowship Hall 10:30 Adult Forum 6:00-8:00 Community Reservation</p>	<p>12 8:00-4:00 Rummage Sale Drop Off in Room #121 8am-4pm 10:00 MICAH Mtg. 7:00 Community Reservation</p>	<p>13 8:00-4:00 Rummage Sale Drop Off in Room #121 8am-4pm 9:00 Bible Study</p>	<p>14 9:00 Mission Sewing 11:30-1:00 Community Reservation 9:00-7:00 Rummage Sale Set up</p>	<p>15 7:00 Renewal via zoom 9:00-7:00 Rummage Sale Set up</p>	<p>16 8:00 Men's Breakfast 9:00-4:00 UWF Rummage Sale  <b>Church Office Closed</b></p>	<p>17 8:30-11:00 Community Reservation 9:00-12:00 UWF Rummage Sale 4:30 Youth Summer Chill</p>
<p>18 9:30 Worship 10:30 Coffee in Fellowship Hall 10:30 Adult forum</p>	<p>19 9:00 Mugs &amp; Muffins 2:30 Card Making with Margie 7:00 Community Reservation</p>	<p>20 9:00 Bible Study 7:00 Facilities Team Mtg.</p>	<p>21 9:00 Mission Sewing 11:30-1:00 Community Reservation <b>Noon - Herald Newsletter Deadline</b></p>	<p>22 12:00 Community Reservation</p>	<p>23 8:00 Men's Breakfast 12:00-9:00 Community Reservation <b>Church Office Closed</b></p>	<p>24 8:30-11:00 Community Reservation 9:00-6:00 Community Reservation</p>
<p>25 9:30 Worship 10:30 Coffee in Fellowship Hall 10:30 Adult forum</p>	<p>26 7:00 Community Reservation</p>	<p>27 9:00 Bible Study</p>	<p>28 9:00 Mission Sewing 11:30-1:00 Community Reservation</p>	<p>29 12:00 Community Reservation</p>	<p>30 8:00 Men's Breakfast <b>Church Office Closed</b></p>	<p>1 8:30-11:00 Community Reservation</p>

**PLEASE RESERVE YOUR MEETING SPACE WITH THE CHURCH OFFICE**

Go to [northfieldumc.org](http://northfieldumc.org) click on "Reserve a Room" fill in the blanks and click on submit. You may reserve multiple dates with one reservation! Serving food/beverages at your meeting/event? Contact Sandy in the office for a list of compostable supplies (plates, cups, utensils) available for your use.



**Church Office Summer Hours  
Beginning Friday June 2nd  
Mon.- Thurs.,  
8:00 am - 4:00 pm  
Closed on Friday**

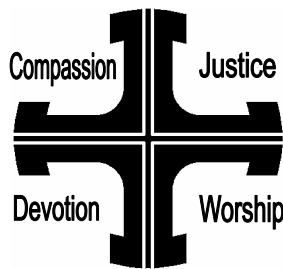
**NORTHFIELD  
UNITED METHODIST CHURCH**

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*Offering Christ*

**E - NEWSLETTER  
SIGN UP**



Northfield United Methodist Church offers an electronic option for our monthly newsletter. By having our newsletter available electronically, we will save costs on paper, postage and copier usage. The newsletter will still be available to those who want to receive a hard copy in the mail.

For those that sign up, you will receive an e-mail directing you to a link to view the newsletter. If you have more than one member in the household that would like to receive this e-mail, please list them also.

Please cut out this form, fill in the information and place it in the basket in the church office or place it in the offering plate on Sunday mornings.

Please print clearly! Thank you!

Name \_\_\_\_\_

E-mail Address \_\_\_\_\_

Name \_\_\_\_\_

E-mail Address \_\_\_\_\_

**Our Church Staff**

Pastors	Rev. Rachel McIver Morey Rev. Jerad Morey
Parish Nurse	Ruth Kruse
Office Administrator	Sandy Vesledahl
Child Care Provider	Kathryn Steed
Youth and Family Ministry	Rev. Todd Campbell Jr.
Children's Ministry	Gregory Ennis
Handbell Choir Director	Kathy Szydlo
Custodian	Arturo Rosas Avila
Information & Worship Technology Consultant	Jesse Steed
Treasurer	John Stull (Volunteer)

Retired Clergy: Wayne Abdella, Carl Caskey,  
Richard Collman, Jeanne Martin, Dick Waters,  
Mary Keen, Gordon Orde,  
Clay Oglesbee, Melvin Henrichs